

**Please take a moment to fill out our intake form before your visit. All information is kept completely confidential.**

First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_ Last Name \_\_\_\_\_

Preferred Name (if different) \_\_\_\_\_

Home phone \_\_\_\_\_ Mobile Phone \_\_\_\_\_

*(A mobile phone is required if you would like to receive SMS appointment reminders)*

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zipcode \_\_\_\_\_

Date of Birth \_\_\_\_\_ ☐ Female ☐ Male

Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Guardian, if under 18 \_\_\_\_\_ Phone \_\_\_\_\_

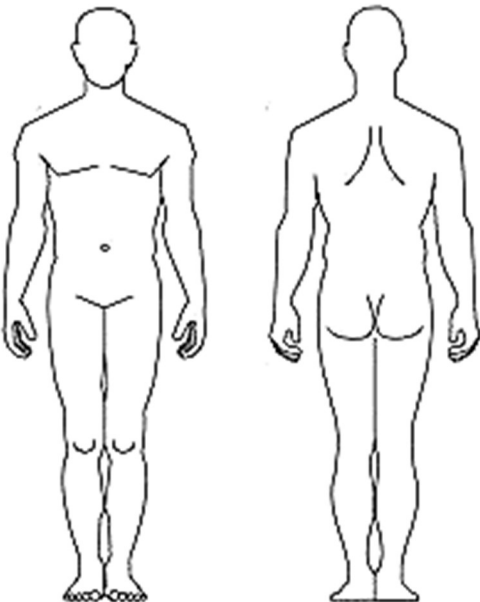
Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

Family Doctor \_\_\_\_\_ Phone, if known \_\_\_\_\_

Referred by: ☐ Medical professional ☐ Friend ☐ Online Search ☐ Other \_\_\_\_\_

**Where are you having pain or discomfort?** (Please describe and mark on the figure)

\_\_\_\_\_  
\_\_\_\_\_



Is your pain or discomfort:

- |                                    |  |
|------------------------------------|--|
| <input type="checkbox"/> Aching    | <input type="checkbox"/> Weakness          |
| <input type="checkbox"/> Burning   | <input type="checkbox"/> Numbness/Tingling |
| <input type="checkbox"/> Dull      | <input type="checkbox"/> Tension           |
| <input type="checkbox"/> Sharp     | <input type="checkbox"/> Stiffness         |
| <input type="checkbox"/> Stabbing  | <input type="checkbox"/> Radiating Pain    |
| <input type="checkbox"/> Throbbing |  |

Patient Name \_\_\_\_\_ Date \_\_\_\_\_

**Please circle your current pain or discomfort level** on a scale of 1 to 10 (Where "0" is NO pain and "10" is unbearable pain)

**No Pain** 0    1    2    3    4    5    6    7    8    9    10    **Unbearable Pain**

**Secondary or other areas of complaint (please provide a brief description)**

\_\_\_\_\_

**Were you injured in a work or car accident?**   ☐ Yes   ☐ No   If yes, describe: \_\_\_\_\_

\_\_\_\_\_

**How long have you had your primary complaint?** \_\_\_\_\_

**What caused this problem?** \_\_\_\_\_

**Was the onset:**   ☐ Sudden or   ☐ Gradual

**How has your primary complaint been progressing?**   ☐ Getting better   ☐ Staying the same   ☐ Worsening

**What aggravates your primary complaint?** Check all that apply:

- |                                   |                                     |  |   |
|-----------------------------------|-------------------------------------|--|---|
| <input type="checkbox"/> Nothing  | <input type="checkbox"/> Running    | <input type="checkbox"/> Computer work           | <input type="checkbox"/> Stress                         |
| <input type="checkbox"/> Sitting  | <input type="checkbox"/> Exercise   | <input type="checkbox"/> Driving                 | <input type="checkbox"/> Other (please describe): _____ |
| <input type="checkbox"/> Standing | <input type="checkbox"/> Lying down | <input type="checkbox"/> Sleep                   | _____   |
| <input type="checkbox"/> Walking  | <input type="checkbox"/> Bending    | <input type="checkbox"/> Above shoulder activity |   |

**What relieves your complaint? Check all that apply**

- |                                  |                                     |   |
|----------------------------------|-------------------------------------|---|
| <input type="checkbox"/> Nothing | <input type="checkbox"/> Stretching | <input type="checkbox"/> Medication                     |
| <input type="checkbox"/> Heat    | <input type="checkbox"/> Walking    | <input type="checkbox"/> Prior chiropractic treatment   |
| <input type="checkbox"/> Ice     | <input type="checkbox"/> Rest       | <input type="checkbox"/> Other (please describe): _____ |

**Please list any treatments you have received for this issue and the results achieved:** \_\_\_\_\_

\_\_\_\_\_

**Health History Questionnaire (please check all that apply)**

**General Symptoms**

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Loss of consciousness | <input type="checkbox"/> Night Sweats     | <input type="checkbox"/> Loss of Sleep                    |
| <input type="checkbox"/> History of headaches  | <input type="checkbox"/> Night Pain       | <input type="checkbox"/> Allergies                        |
| <input type="checkbox"/> History of migraines  | <input type="checkbox"/> Generalized Pain | <input type="checkbox"/> Loss of Bowel or Bladder Control |
| <input type="checkbox"/> Fever                 | <input type="checkbox"/> Nervousness      |   |
| <input type="checkbox"/> Excess Sweating       | <input type="checkbox"/> Convulsions      |   |

**Neurological Symptoms**

- |   |                                   |   |   |                                 |
|---|-----------------------------------|---|---|---------------------------------|
| <input type="checkbox"/> Dizziness            | <input type="checkbox"/> Fainting | <input type="checkbox"/> Problem Speaking | <input type="checkbox"/> Blurred Vision | <input type="checkbox"/> Nausea |
| <input type="checkbox"/> Numbness or tingling |                                   | <input type="checkbox"/> Radiating pain   |   |                                 |

Patient Name \_\_\_\_\_ Date \_\_\_\_\_

### Eyes / Ears / Nose / Throat Symptoms

- ☐ Failing vision      ☐ Vision problems      ☐ Eye pain      ☐ Ringing / Buzzing in ears  
☐ Hearing loss      ☐ Other hearing problems not otherwise listed \_\_\_\_\_

### Respiratory Symptoms

- ☐ Asthma      ☐ Chronic cough      ☐ Difficulty breathing      ☐ Shortness of breath  
☐ Bronchitis      ☐ Emphysema      ☐ COPD

### Cardiovascular Symptoms

- ☐ Bleeding disorder      ☐ Hardening of arteries      ☐ Previous heart attack(s)  
☐ High blood pressure      ☐ Swelling of ankles      ☐ Phlebitis / varicose veins  
☐ Low blood pressure      ☐ Poor circulation      ☐ Pacemaker or similar device  
☐ Previous stroke      ☐ Angina      ☐ Other heart / blood disease \_\_\_\_\_  
☐ Cerebral Vascular Aneurysm      ☐ Chronic congestive heart failure \_\_\_\_\_

### Gastrointestinal Symptoms

- ☐ Jaundice      ☐ Irregular or absent bowel movement      ☐ Ulcer  
☐ Diabetes      ☐ Indigestion

### Genitourinary Symptoms

- ☐ Trouble Urinating      ☐ Kidney infection      ☐ Prostate trouble

### Female patients:

- ☐ Hot flashes      ☐ Irregular / absent cycle      ☐ Cramping / backache

Are you currently pregnant? ☐ Yes ☐ No What is your estimated due date? \_\_\_\_\_  
Number of pregnancies: \_\_\_\_\_ Number of children: \_\_\_\_\_

**All Patients:** Have you ever had surgery? ☐ Yes ☐ No If yes, please provide details: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Have you ever had any broken bones?** ☐ Yes ☐ No If yes, please provide details: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Have you had any x-rays, CT scans, ultrasounds or MRI's in the past 5 years?** ☐ Yes ☐ No

If so, please list the clinic or hospital and the area(s) examined: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Patient Name \_\_\_\_\_ Date \_\_\_\_\_

**Have you ever been diagnosed with cancer?** ☐ Yes ☐ No If yes, please provide details: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Please list your current medications and supplements:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**How would you describe your overall activity level?** ☐ Very active ☐ Somewhat active ☐ Not very active

**How would you describe your stress level?** ☐ High ☐ Moderate ☐ Low

**How would you describe your eating habits?** ☐ Very Healthy ☐ Somewhat healthy ☐ Not Healthy

**Family Medical History (Please check if any immediate family members have suffered from the following)**

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Headaches or Migraines     | <input type="checkbox"/> Cancer                     | <input type="checkbox"/> Osteoarthritis       |
| <input type="checkbox"/> High or low blood pressure | <input type="checkbox"/> Neurological disorders     | <input type="checkbox"/> Osteoporosis         |
| <input type="checkbox"/> Diabetes                   | <input type="checkbox"/> Kidney disease             | <input type="checkbox"/> Rheumatoid arthritis |
| <input type="checkbox"/> Heart disease              | <input type="checkbox"/> Inflammatory bowel disease | <input type="checkbox"/> Epilepsy             |
| <input type="checkbox"/> Fainting or dizziness      | <input type="checkbox"/> Asthma                     | <input type="checkbox"/> Multiple sclerosis   |
| <input type="checkbox"/> Stroke                     | <input type="checkbox"/> Respiratory disorders      | <input type="checkbox"/> Circulatory problems |

Please list any additional information that you feel is pertinent: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

#### **Accuracy of Information**

☐ I certify that the above medical information is correct to my knowledge.

#### **Privacy and Sharing of Information**

I authorize Carraway Chiropractic Center PLLC and its associated health professionals to collect my personal and medical information as documented above. In addition, I authorize the clinic and its associated health professionals to communicate with my family doctor and /or referring doctor as deemed necessary for my beneficial treatment. I also understand that my personal and medical information is confidential and will only be disclosed to third parties with my permission.

\_\_\_\_\_  
Signature of Patient or Legally Authorized Person

\_\_\_\_\_  
Date

Patient Name \_\_\_\_\_ Date \_\_\_\_\_

## INFORMED CONSENT

I hereby request and consent to the performance of chiropractic adjustments and other chiropractic procedures including low level laser therapy, various modes of physical therapy, and if necessary, diagnostic x-rays on me (or on the patient named below, for whom I am legally responsible: \_\_\_\_\_) by Dr. Christopher A. Carraway and/or anyone working in this office authorized by the chiropractic physician.

I further understand that such chiropractic services may be performed by Dr. Christopher A. Carraway and/or other licensed Physicians of Chiropractic who may treat me now or in the future at this office. I have had an opportunity to discuss with Dr. Christopher A. Carraway and/or with other office or clinic personnel the nature and purpose of chiropractic adjustments and other procedures. I understand that results are not guaranteed. I understand and am informed that, as in the practice of medicine and all health care, the practice of chiropractic carries some risks to treatment; including, but not limited to: fractures, disc injuries, strokes (CVA), dislocations, and sprains. I do not expect the physician to be able to anticipate and explain all risks and complications. Further, I wish to rely on the physician to exercise judgment during the course of the procedure(s) which the physician feels are in my best interests at the time, based upon the facts then known.

I have read, or have had read to me, the above consent. I have also had an opportunity to ask questions about its contents, and by signing below, I agree to the treatment recommended by my physician. I intend this consent form to cover the entire course of treatment for my present condition(s) and for any condition(s) for which I seek treatment at this facility.

\_\_\_\_\_  
Signature of Patient or Legally Authorized Person

\_\_\_\_\_  
Date

Patient Name \_\_\_\_\_ Date \_\_\_\_\_

## **CONSENT TO USE PROTECTED HEALTH INFORMATION (PHI)**

### **Acknowledgment for Consent to Use and Disclosure of Protected Health Information**

#### **Use and Disclosure of your Protected Health Information**

Your Protected Health Information will be used by Carraway Chiropractic Center, PLLC or may be disclosed to others for the purposes of treatment, obtaining payment, or supporting the day-to-day health care operations of this office.

#### **Notice of Privacy Practices**

You should review the Notice of Privacy Practices for a more complete description of how your Protected Health Information may be used or disclosed. It describes your rights as they concern the limited use of health information, including your demographic information, collected from you and created or received by this office. I have received a copy of the Notice of Patient Privacy Policy.

\_\_\_\_\_ Patient Initials

#### **Requesting a Restriction on the Use or Disclosure of Your Information**

- You may request a restriction on the use or disclosure of your Protected Health Information.
- This office may or may not agree to restrict the use or disclosure of your Protected Health Information.
- If we agree to your request, the restriction will be binding with this office. Use or disclosure of protected information in violation of an agreed upon restriction will be a violation of the federal privacy standards.

#### **Revocation of Consent**

You may revoke this consent to the use and disclosure of your Protected Health Information. You must revoke this consent in writing. Any use or disclosure that has already occurred prior to the date on which your revocation of consent is received will not be affected.

***By my signature below I give my permission to use and disclose my health information.***

\_\_\_\_\_  
Signature of Patient or Legally Authorized Person

\_\_\_\_\_  
Date

Patient Name \_\_\_\_\_ Date \_\_\_\_\_

## PATIENT EMAIL AND TEXT COMMUNICATION

### FACT SHEET AND INFORMED CONSENT

Carraway Chiropractic Center PLLC uses unencrypted email and text messaging to communicate with our patients.

How we will use Electronic Messaging:

- We may use email for reminders of appointments,
- Actions to take before an appointment, including necessary forms to complete,
- And information about billing, account balances and statements.

Sending Protected Health Information (PHI) by unencrypted email or text exposes a patient's PHI to risks, including but not limited to:

- The email/text message could be captured electronically in transit to or from the patient if not secured.
- The email/text message could be captured electronically when at rest on an unencrypted device.

By signing below, you consent to the use of Electronic Messaging. You are not required to authorize the use of unencrypted mail or text messaging, and a decision not to sign this authorization will not affect your health care in any way. You can choose to stop participating in Electronic Messaging at any time by informing Carraway Chiropractic Center PLLC in writing.

I understand that Carraway Chiropractic Center PLLC will send Electronic Messaging to those email address(es) and telephone number(s) that I designate:

☐ I request to receive email messages at \_\_\_\_\_  
(Your email address)

☐ I request to receive text messages at \_\_\_\_\_  
(Standard message rates may apply. You may opt out at any time by replying STOP)

By signing below, you acknowledge that you have read and fully understand this consent form. By signing below, you also acknowledge your recognition and understanding of the inherent risks of communicating your health information via unencrypted email and text and hereby consent to receive such communications despite those risks.

I agree to hold harmless Carraway Chiropractic Center for unauthorized use, disclosure, or access of my protected health information sent to the email address / text number provided.

\_\_\_\_\_  
Signature of Patient or Legally Authorized Person

\_\_\_\_\_  
Date